



Welcome to the 13th year of the **Magnificent 7 Race Series**. This volunteer organization promotes participation in road races held in the 7 Indiana counties of: **Brown, Greene, Jackson, Lawrence, Monroe, Morgan, Owen**. Updates and information on this series are available at **Mag7RaceSeries.com**. Race participants also may pick up a \$2 off voucher for upcoming races available at any of the races listed below or on the Web site.



*Denotes a USATF Certified Course

Magnificent 7 Race Series
Jo Throckmorton, Marketing
(812) 339-3524 | jo@mag7raceseries.com

myINstride.com

2010 Race Schedule

DATE	TIME	EVENT (*certified course)	CITY	DIRECTOR	PHONE
MARCH					
27	10:00 AM	*Run for Habitat 5K	Bloomington	Marissa Brown	267-994-4178
APRIL					
10		*Circle K 5K	Columbus	Jeff Niewedde	812-447-5528
17	8(5k), 9(10k)	*YMCA/HT Spring Running Festival 5K & 10K	Bloomington	Mandy McGhee	812-332-5555
MAY					
1	8:30 AM	Friends of McCormick Creek	Spencer	Laura Law	812-828-9622
1	11:00 AM	*Coach Hep 5K	Bloomington	Jeff McClaine	812-855-8972
15	8:15 AM	*Fallen Officers Memorial 5K	Martinsville	Garry Long	765-349-5073
22	8:00 AM	*Bloomington Fire Dept. 5K	Bloomington	Kelly Smith	812-332-9645
JUNE					
5	8:00 AM	*EastFest 5K Run & Walk	Bloomington	Kevin Osbourne	812-327-2073
12	8:00(5k) 8:30(10k)	*Doughboy 5K & 10K Run	Spencer	Curt Carey	812-829-6476
19	8:00 AM	*Springville 5K	Springville	Denny Godsey	812-279-2215
26	8:00 AM	Judah Jog 5K	Judah	Larry Ritter	812-279-2273
JULY					
3	8:00 AM	*Sarah Jones Memorial Run 5K	Bloomington	Drew Jones	812-825-2020
10	8:00 AM	*Brown County Cross Country 5K	Nashville	Rob Abraham	812-336-2427
17	8:00 AM	*Bedford Limestone Classic 5K	Bedford	Jim Sowders	812-275-6155
24	8:00 AM	Solsberry Hornet 5K	Solsberry	Brian Spice	812-854-2669
AUGUST					
14	8:00 AM	Gosport Lazy Days 5K	Gosport	Angie Lawson	812-879-5907
14	8:00 AM	*Midsummer 5K Challenge	Bloomington	Kelly Smith	812-332-9645
SEPTEMBER					
4	8:00 AM	Creekbend Vineyard 4.3 Mile Trail Run	Bloomington	Jo Throckmorton	812-339-3524
11	8:30 AM	*Bloomingfoods 5K Breakaway	Bloomington	Jo Throckmorton	812-339-3524
25	8:30 AM	Persimmon Festival 5K	Mitchell	Carol Mikulsky	812-849-5205
25	11:00 AM	Ellettsville Dollars for Scholars	Ellettsville	Kenny Williams	812-876-4407
26	2:00 PM	Friends of McCormick Creek 4-Mile Trail Run	Spencer	Laura Law	812-828-9622
OCTOBER					
2	10:00 AM	Apple Festival 5K	Bloomfield	Keith Hanauer	812-875-2503
2	3:00 PM	*Springville 10K	Springville	Rand Hammel	812-279-3844
10	10:00 AM	*Martinsville Fall Foliage 5K	Martinsville	Dale Coffey	765-342-0147
16	9:00 AM	*Morgan County Habitat for Humanity 5K	Mooreville	Nick Foster	765-349-9003
23	9:30 AM	*Run to the Creek 5K	Spencer	Del Backs	812-876-8784
30		Lions Club Morgan-Monroe State Forest 5K	Martinsville	Kelly Smith	812-332-9645
NOVEMBER					
13	8:00 (5k) 9:00 (10k)	*YMCA Fall Fitness 5K & 10K	Bloomington	Mandy McGhee	812-332-5555
13	10:00 AM	Orleans Guard & Drill Team 5K	Orleans	Kathy Qualkinbush	812-865-0711
13	Noon	*Cabin Fever 5K	Nashville	Mike Roberts	812-988-5522
25		*Give Thanks 4-Miler (Thanksgiving Day)	Mitchell	Allen Burriss	
DECEMBER					
4	1:00 PM	Reindeer Romp 8K	Nashville	Kim Robinson	812-988-9622

Mag 7 Race Series: General Information

TWO DOLLAR DISCOUNT VOUCHERS

\$2 discount vouchers are good at all Mag 7 races. ONLY ONE voucher per race. Online discount code is available (see our website). Download the voucher at www.mag7raceseries.com or pick up a voucher at each Mag 7 race—good at the next race.



The first step on the road to excellence is vigorous participation!

THE DOC RUFF PARTICIPATION PRIZE EXTRAVAGANZA (Must be present to win)

Dr. Ruff is the guy who started this whole thing back in 1997! His dream was to encourage everyone to get out and run a road race. So, to reward you for your effort, the greater the number of races you enter, the more chances there are to win **Participation Prizes**. We keep track of race participation throughout the year and prizes are drawn and handed out at our March race (*Details posted to website*). Anyone who participates is eligible for prizes and the number of chances to win is NOT dependent on your overall placement in the final results.

Races:	At least 5 events	At least 10 events	At least 15 events
Entered into drawing for:	<ul style="list-style-type: none"> 10 Items of Running Gear 1 Mag 7 Technical Shirt <u>Gift Certificates:</u> 1 for Spaah! 5 for Local Restaurants 2 - \$25 (sporting goods store) 1 - \$50 (sporting goods store) <u>Plus Other Surprises</u> 	<ul style="list-style-type: none"> 10 Items of Running Gear 2 Tickets to Amusement Park 2 Mag 7 Technical Shirt <u>Gift Certificates:</u> 5 for Local Restaurants 2 - \$25 (sporting goods store) 2 - \$50 (sporting goods store) 2 - \$100 (sporting goods store) <u>Plus Other Surprises</u> 	<ul style="list-style-type: none"> 10 Items of Running Gear 2 Tickets to Amusement Park 3 Mag 7 Technical Shirt IU Football/Basketball Tickets <u>Gift Certificates:</u> 5 for Local Restaurants 2 - \$50 (sporting goods store) 2 - \$100 (sporting goods store) 1 - \$200 (sporting goods store) <u>Plus Other Surprises</u>

Overall Participation Winner (most events overall): \$100 Gift Certificate to sporting goods store & Medal

CHAMPIONSHIP AWARD SERIES

The Championship is a competitive series designed to award those finishing with top placement overall and in age groups for the calendar year. **No minimum** number of races necessary to be eligible. (*Award ceremony at March race. See our website*).

OVERALL MAGNIFICENT 7 CHAMPION TROPHY: Goes to the overall Male & Female winning the Series Points Total.

AGE GROUP COMPETITION TROPHIES: Male & Female Runners only

- Trophies will be awarded to age group winner (overall champions are not eligible for age group category)
- The age group awards will be as follows:

13 and Under	25 - 29	40 - 44	55 - 59
14 - 19	30 - 34	45 - 49	60 - 69
20 - 24	35 - 39	50 - 54	70 +

NOTE: See our Web site, www.mag7raceseries.com for full details on age groups, tie-breakers and other details.

POINT SYSTEM (Male and Female Categories)

- Top 3 OVERALL race placement : 1st = 10 points, 2nd = 8 points, 3rd = 6 points
- AGE GROUP placement: 1st = 5 points, 2nd = 3 points, 3rd = 1 point

RACEWALKING

Some 5K Runs also offer a competitive racewalk. This means the racewalk is timed and monitored. Awards are given at the race director's discretion. Please check with each race director to determine if a competitive racewalk is being offered to participants. If so, the following rules are strictly enforced:

- The straight knee rule will be waived, but **LIFTING** (i.e. Running) **WILL RESULT IN DISQUALIFICATION**.
- At least 1 Marshall will be at each race. Participants may report infractions to the Race Director and Course Monitors.