

Official Entry Form

5K Run _____ 5K Walk _____

Adult _____ Junior (16 and under) _____

Age _____ Sex _____

Name _____

Address _____

City _____

State _____ Zip Code _____

Phone _____

Email _____

Adult Cost: \$15 Junior Cost: \$10

Make Checks Payable to:

Brownstown Exchange Club

Waiver Statement (must be Signed):
I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide to any decisions of a race official relative to my ability to safely complete the race. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of the weather, any traffic conditions of the road, all such risks being known and appreciated by me. HAVING READ THIS WAIVER: I, for myself and anyone entitled to act on my behalf, waive and release the organizers and sponsors, and their representatives from all claims or liabilities of any kind arising out of my participation of this event. I further release any claim due to my own negligence to any sponsors and/or organizers/volunteers.

Signature _____

Parent Signature (if under 18 yrs.) _____

**Brownstown
Exchange Club
Fort Vallonia Days
5K Run/Walk
Sunday October 17, 2010
Registration 12 PM, Run 1PM EDT**



The 5K Run and Walk will start at 1:00 p.m. (EDT) near the stage area on Main St in Vallonia, IN. Registration will begin at 12:00 noon.

Mail Registrations To:

**Joe Bradley
645 E. North Shore Dr.
Brownstown, IN 47220
(812) 216 0394**

Sponsors

- Aisin - Bane and Warren
- Beatty Insurance - Bob Poynter - Brock's Restaurant - B2 Bike & Board
- BESC0 - Brownstown Animal Hospital
- Brownstown Hardware - Brownstown Quality Tool - Carmichael Insurance - The Carpet Gallery
- Coldwell Banker Cent. Realty - Conner Smith
- Eye Center - Dave Lewis State Farm Insurance - Dairy Queen Dickson's - Family Drug
- Financial TIPS - Independent Land Surveying
- Jackson County Insurance

New this year: We are part of the Indiana Timing Race Series. The Race course is certified by USA Track & Field. Visit the Indiana Timing web site at www.indianatiming.com to find information on all events



Free T-shirts ARE BACK when you pre-register. Otherwise T-shirts will be available on race day for \$10. Quantities are limited.

Trophies will be awarded for:

- Overall Male & Female 5K Run**
- Overall Male & Female 5K Walk**

Awards will be given for the Top Two in the following age categories for Adult Male and Female Run and Adult Male and Female Walk: 17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

Gold/Silver/Bronze medals will be given in the following age categories for Junior Male and Female 5K Run:

- 10 & under, 11-12, 13-14, 15-16*

Participation ribbons for all Juniors!

Sponsors

- Johnson Funeral Home
- Jackson County Bank -Klaes Clinic
- Lucas/Ackerman - Marion Kay - McDonald's
- Midwest Environmental Serv.
- Neal Paint & Wallpaper - Nichols Excavating
- Rose Acre - Rumpke
- Snappy Tomato - Schneck Medical Schwartz - Pharma - Seymour Health and Fitness - South Central Insurance - Pepsi - Valco Sylvia
- State Bank of Medora - Stuckwisch Appliances
- T&T Body Shop - The Peoples Bank
- Tormoehlen Enterprises
- Wal-Mart Super Center
- Wal-Mart Distribution - Zabel Funeral Home

